

ACA & Christian ACA Prayers

Serenity/Humility - Prayers

ACA

"God, grant me the serenity to accept the people I cannot change, the courage to change the one I can and the wisdom to know that one is me".

Christian ACA

"God, grant me the humility to accept the people I cannot change, the courage to change the one I can and the wisdom to know that one is me". - I agree in Jesus' name.

Knock-Down Kick-Down Prayer (*Pray this daily for rapid spiritual advancement*)

"I pray to the God of Abraham, Isaac, Jacob, King David and Jesus Christ:

- Please come with power and authority and knock down all doors, kick down all fences, bust out all windows, knock down all roadblocks, plow up all foundations and kick out all things inside of my entire being that are not of you.

- Please come with power and authority and pry my eyes wide open to your true, slam my face into your truth, let me not turn to the right or to the left, but please help me to walk in your Spirit and truth and receive more of you.

- Please come with power and authority and remove the lust of the eyes, lust of the flesh and pride of life from my entire being.

- Please come with power and authority and take the wheel for my life, lead me and guide me in your Spirit, truth and purpose.

- Please hide me behind your cross Lord Jesus Christ. I plead the blood of Jesus Christ over all aspects of my entire being.

- Please help me to be an obedient servant of you, Christ Jesus, and help me to be useful for your purposes. I am yours Jesus Christ, not mine.

- I repent of all ungodly prayers, my sin throughout my entire life and my iniquity.

- Please forgive me Jesus Christ and cleanse me in your blood. Please have mercy on me and make me more like you, Jesus Christ.

- Never the less, your will be done Father God, not mine, in all matters related to me.

I agree in Jesus' name."

Step 3 - Prayers

ACA

"God, I'm willing to surrender my fears & place my will & life in your care one day at a time. Grant me the wisdom to know the difference between the things I can and cannot change. Help me to remember that I can ask for help. I am not alone. Amen"

Christian ACA

"Jesus, please help me to be totally willing to surrender my ungodly fears & place my will & life in your care one day at a time.

Please grant me the humility & wisdom to change the things I can that you want me to, to endure the things I can change that you don't want me to, & to accept the things I cannot change, & the wisdom to know the difference between them.

Please help me remember to ask for help, & that I am not alone." - I agree in Jesus' name.

Step 4 - Prayers

ACA

"Divine Creator, help me to be rigorously honest & to care for myself during this 4th Step process. Let me practice gentleness & not abandon myself on this spiritual journey. Help me remember that I have attributes & can ask for forgiveness. I'm not alone. I can ask for help. Amen."

Christian ACA

"Jesus, please help me be rigorously honest & receive your care for myself during this 4th Step process.

Please help me practice your gentleness & always feel your presence on this entire spiritual journey.

Please help me remember that I have attributes you have placed in me & that you always stand ready to forgive me. I'm not alone. I can ask for help." - I agree in Jesus' name.

Step 5 – Prayers

ACA

"Divine Creator, thank you for this chance to speak honestly with another person about the events of my life. Help me accept responsibility for my actions. Let me show compassion for myself & my family as I revisit my thinking & actions that have blocked me for your love. Restore my child within. Restore my feelings. Restore my trust in myself. Amen."

Christian ACA

"Jesus, thank you for this chance to speak honestly with another person about the events of my life.

Please help me accept responsibility for my actions & show compassion for myself, my family & every person involved as I revisit my thinking & actions that have blocked me from your Love.

Please restore the Child of God you created me to be, my feelings & my trust in you & my True Self." - I agree in Jesus' name.

Step 7 – Prayers

ACA

Character Defects

"God, I'm now ready that you should remove from me all my defects of character, which block me from accepting your divine love & living with true humility toward others. Renew my strength that I might help myself and others along this path of recovery.

I humbly ask you to remove my defect of _____."

Survival Traits

"God, I'm now ready that you should integrate my survival traits, which block me for accepting your divine love. Please grant me wholeness."

"I humbly ask you to Integrate my trait of _____."

Christian ACA

Character Defects

"Jesus, I now ask you to make me ready for you to remove from me all my defects of character, which block me from accepting your divine Love & living with true humility toward you & others. Please renew my strength so I might receive your help for the benefit of myself & let you bless others along this path of my recovery.

I humbly ask you to remove my defect of _____." - I agree in Jesus' name.

Survival Traits

"Jesus, I'm now ready that you should heal my survival traits, which block me from accepting your divine Love. Please grant me wholeness (more of your Love, Joy and Peace, all the Fruit of Your Spirit - especially Sanity.)"

"I humbly ask you to heal my trait of _____." - I agree in Jesus' name.